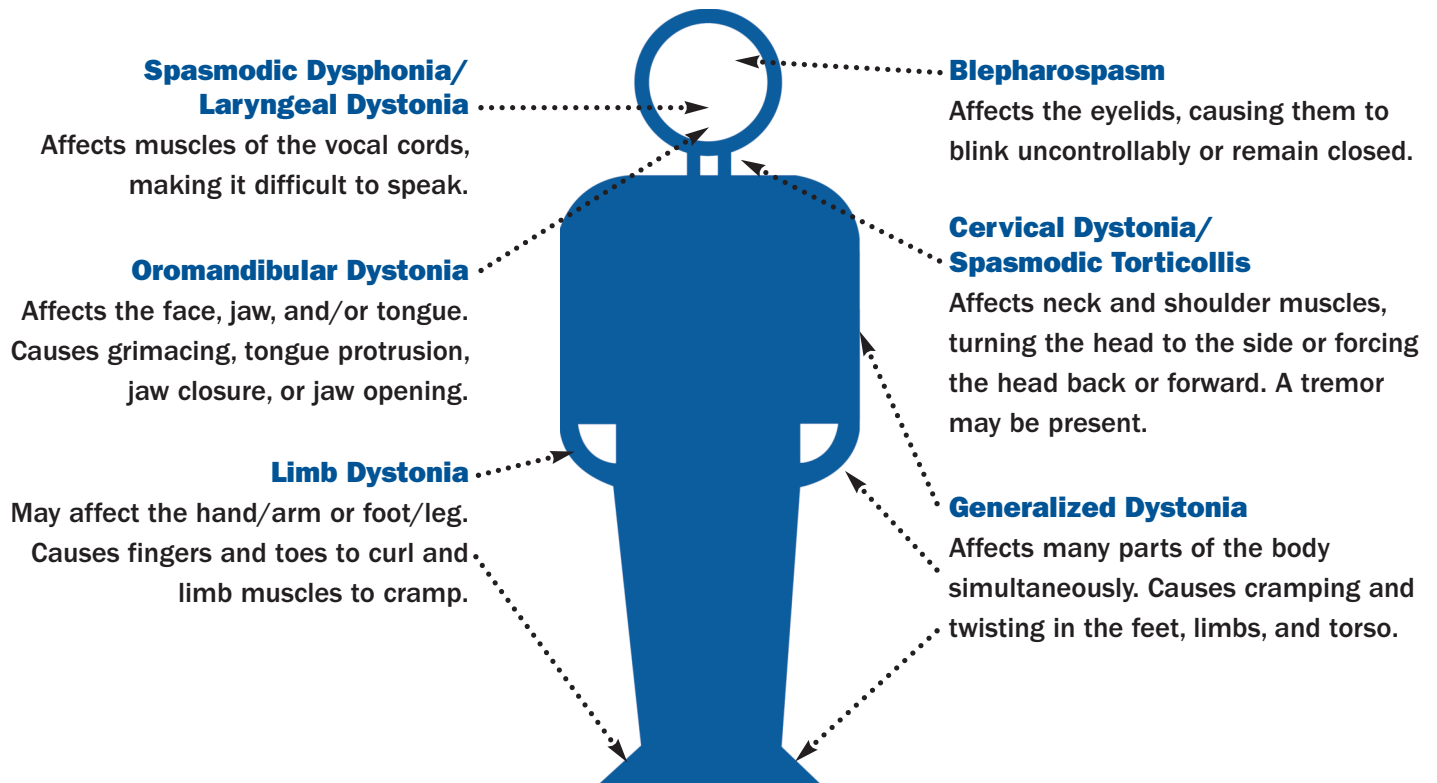




DYSTONIA
MEDICAL
RESEARCH
FOUNDATION

Understanding Dystonia

Dystonia is a disorder that causes muscles in the body to contract and spasm involuntarily. Individuals who are affected by dystonia cannot control or predict the movement of their bodies. Symptoms of dystonia do not appear the same in every patient. Dystonia may affect a specific part of the body or many parts simultaneously.



- Symptoms of dystonia are usually chronic but may also appear only during “attacks” or episodes.
- Dystonia is the third most common movement disorder following essential tremor and Parkinson’s disease, affecting approximately 300,000 people in North America.
- Dystonia does not discriminate. Men, women and children of all ages and backgrounds are affected.
- Dystonia may be genetic or result from other health conditions such stroke, physical trauma, other diseases, or as a side effect of certain medications.
- Although there is not yet a cure for dystonia, treatments are available.

MORE INFORMATION:

Dystonia Medical Research Foundation (DMRF)

One East Wacker Drive, Suite 1730

Chicago, Illinois 60601-1905

Toll free: 800-377-DYST (3978)

Phone: 312-755-0198

Email: dystonia@dystonia-foundation.org

Web: <http://www.dystonia-foundation.org>

Find the DMRF on Facebook, Twitter, and YouTube.